

45130774, ACT II Sweet Cinnamon Popcorn, UNPREPARED, GTIN: 00076150623024

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Nutrient	Unit	2.0 tbsp (31g unpopped (makes about 5 cups popped) 31g	1 Value Per100 g
Proximates			
Energy	kcal	130	419
Protein	g	3.00	9.68
Carbohydrate, by difference	g	20.00	64.52
Sugars, total	g	0.00	0.00
Minerals			
Calcium, Ca	mg	0	0
Iron, Fe	mg	0.36	1.16
Potassium, K	mg	60	194
Sodium, Na	mg	160	516
Vitamins			
Vitamin C, total ascorbic acid	mg	0.0	0.0
Vitamin A, IU	IU	0	0
Lipids			
Fatty acids, total saturated	g	2.00	6.45
Fatty acids, total monounsaturated	g	1.50	4.84
Fatty acids, total polyunsaturated	g	0.50	1.61
Fatty acids, total trans	g	0.00	0.00
Cholesterol	mg	0	0

Amino Acids
Other
Ingredients

 Popping Corn, Palm Oil, Less than 2% of: Salt, Spices, Color Added, Sucralose, Natural and Artificial Flavors, TBHQ and Citric Acid (for freshness). *Date Last Updated by Company: 08/19/2016*