

45130737, AC2 Vertical Movie Theater Popcorn, UNPREPARED, GTIN: 00076150011142

 Based on the GS1 Global Data Synchronization Network. [Powered by 1WorldSynch](#)
Report Date: February 18, 2017 20:36 EST

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Nutrient	Unit	2.0 tbsp (34g unpopped (makes about 4.5 cups popped) 34g	1 Value Per100 g
Proximates			
Energy	kcal	150	441
Protein	g	2.00	5.88
Carbohydrate, by difference	g	19.00	55.88
Sugars, total	g	0.00	0.00
Minerals			
Calcium, Ca	mg	0	0
Iron, Fe	mg	0.72	2.12
Potassium, K	mg	60	176
Sodium, Na	mg	370	1088
Vitamins			
Vitamin C, total ascorbic acid	mg	0.0	0.0
Vitamin A, IU	IU	0	0
Lipids			
Fatty acids, total saturated	g	4.00	11.76
Fatty acids, total monounsaturated	g	2.50	7.35
Fatty acids, total polyunsaturated	g	1.00	2.94
Fatty acids, total trans	g	0.00	0.00
Cholesterol	mg	0	0

Amino Acids
Other
Ingredients

 Popping Corn, Palm Oil, Salt, Less than 2% of: Butter, Natural Flavor, Color Added, TBHQ and Citric Acid (for freshness). CONTAINS: MILK. *Date Last Updated by Company: 08/15/2016*