

45130563, ACT II 100 Calorie Butter Popcorn, UNPREPARED, GTIN: 00076150201437

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Report Date: February 18, 2017 20:24 EST

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

| Nutrient | Unit | 1 bag (31g) unpopped (makes about 5.5 cups popped) 31g | 1 Value Per100 g |
|------------------------------------|------|---|------------------------|
| Proximates | | | |
| Energy | kcal | 100 | 323 |
| Protein | g | 3.00 | 9.68 |
| Carbohydrate, by difference | g | 21.00 | 67.74 |
| Sugars, total | g | 0.00 | 0.00 |
| Minerals | | | |
| Calcium, Ca | mg | 0 | 0 |
| Iron, Fe | mg | 0.72 | 2.32 |
| Potassium, K | mg | 90 | 290 |
| Sodium, Na | mg | 310 | 1000 |
| Vitamins | | | |
| Vitamin C, total ascorbic acid | mg | 0.0 | 0.0 |
| Vitamin A, IU | IU | 0 | 0 |
| Lipids | | | |
| Fatty acids, total saturated | g | 1.00 | 3.23 |
| Fatty acids, total monounsaturated | g | 1.00 | 3.23 |
| Fatty acids, total polyunsaturated | g | 0.50 | 1.61 |
| Fatty acids, total trans | g | 0.00 | 0.00 |
| Cholesterol | mg | 0 | 0 |

Amino Acids
Other
Ingredients

 Popping Corn, Palm Oil, Salt, Less than 2% of: Butter, Natural Flavor, Color Added, TBHQ and Citric Acid (for freshness). CONTAINS: MILK. *Date Last Updated by Company: 08/08/2016*