

Statistics Report 05050, Chicken, broilers or fryers, back, meat and skin, cooked, fried, flour

Report Date: September 22, 2019 23:09 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	43.96	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Energy	kcal	331	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/1979
Energy	kJ	1385	--	--	0	0	--	--	--	--	Calculated or imputed	--	01/2012
Protein	g	27.79	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Total lipid (fat)	g	20.74	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Ash	g	1.01	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Carbohydrate, by difference	g	6.50	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/1979
Minerals													
Calcium, Ca	mg	24	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Iron, Fe	mg	1.62	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Magnesium, Mg	mg	23	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Phosphorus, P	mg	166	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979

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Potassium, K	mg	226	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Sodium, Na	mg	90	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Zinc, Zn	mg	2.47	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Copper, Cu	mg	0.091	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Manganese, Mn	mg	0.050	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Selenium, Se	µg	23.7	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/1998
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	0	0	--	--	--	--	Assumed zero	--	08/1979
Thiamin	mg	0.107	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Riboflavin	mg	0.236	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Niacin	mg	7.297	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Pantothenic acid	mg	1.093	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Vitamin B-6	mg	0.300	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Folate, total	µg	15	--	--	0	0	--	--	--	--	Calculated or imputed	--	10/1997
Folic acid	µg	7	--	--	0	0	--	--	--	--	Calculated or imputed	--	05/2000

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, food	µg	8	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Folate, DFE	µg	20	--	--	0	0	--	--	--	--	Calculated or imputed	--	01/2001
Vitamin B-12	µg	0.28	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Vitamin A, RAE	µg	37	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/2002
Retinol	µg	37	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	06/2002
Vitamin A, IU	IU	123	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Lipids													
Fatty acids, total saturated	g	5.610	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
10:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/1979
12:0	g	0.040	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
14:0	g	0.140	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
16:0	g	3.900	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
18:0	g	1.390	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Fatty acids, total monounsaturated	g	8.180	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979

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16:1 undifferentiated	g	0.900	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
18:1 undifferentiated	g	7.050	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
20:1	g	0.140	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
22:1 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/1979
Fatty acids, total polyunsaturated	g	4.810	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
18:2 undifferentiated	g	4.210	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
18:3 undifferentiated	g	0.210	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
20:4 undifferentiated	g	0.170	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
20:5 n-3 (EPA)	g	0.020	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
22:5 n-3 (DPA)	g	0.030	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
22:6 n-3 (DHA)	g	0.070	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Cholesterol	mg	89	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Amino Acids													
Tryptophan	g	0.314	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979

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Threonine	g	1.142	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Isoleucine	g	1.390	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Leucine	g	2.032	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Lysine	g	2.221	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Methionine	g	0.735	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Cystine	g	0.378	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Phenylalanine	g	1.097	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Tyrosine	g	0.899	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Valine	g	1.352	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Arginine	g	1.715	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Histidine	g	0.815	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Alanine	g	1.586	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Aspartic acid	g	2.438	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979

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Glutamic acid	g	4.284	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Glycine	g	1.725	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Proline	g	1.393	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979
Serine	g	0.997	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1979