

## Basic Report 42266, Babyfood, juice, apple-sweet potato

Report Date: July 20, 2019 01:44 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 fl oz 30.8g	1 bottle NFS 246g
<b>Proximates</b>				
Water	g	87.90	27.07	216.23
Energy	kcal	47	14	116
Protein	g	0.30	0.09	0.74
Total lipid (fat)	g	0.10	0.03	0.25
Carbohydrate, by difference	g	11.40	3.51	28.04
Fiber, total dietary	g	0.5	0.2	1.2
Sugars, total	g	9.60	2.96	23.62
<b>Minerals</b>				
Calcium, Ca	mg	15	5	37
Iron, Fe	mg	0.30	0.09	0.74
Magnesium, Mg	mg	7	2	17
Phosphorus, P	mg	14	4	34
Potassium, K	mg	137	42	337
Sodium, Na	mg	5	2	12
Zinc, Zn	mg	0.08	0.02	0.20
<b>Vitamins</b>				
Vitamin C, total ascorbic acid	mg	34.1	10.5	83.9
Thiamin	mg	0.010	0.003	0.025
Riboflavin	mg	0.030	0.009	0.074
Niacin	mg	0.100	0.031	0.246
Vitamin B-6	mg	0.070	0.022	0.172
Folate, DFE	µg	3	1	7
Vitamin B-12	µg	0.00	0.00	0.00
Vitamin A, RAE	µg	154	47	379
Vitamin A, IU	IU	3081	949	7579
Vitamin E (alpha-tocopherol)	mg	0.34	0.10	0.84

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Vitamin D (D2 + D3)	µg	0.0	0.0	0.0
Vitamin D	IU	0	0	0
Vitamin K (phylloquinone)	µg	0.7	0.2	1.7
<b>Lipids</b>				
Fatty acids, total saturated	g	0.030	0.009	0.074
Fatty acids, total monounsaturated	g	0.010	0.003	0.025
Fatty acids, total polyunsaturated	g	0.050	0.015	0.123
Cholesterol	mg	0	0	0
<b>Amino Acids</b>				
<b>Other</b>				
Caffeine	mg	0	0	0