

45091532, ACHATZ HANDMADE PIE CO., MICHIGAN 4-BERRY JAM, UPC: 659345122436

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Report Date: January 17, 2017 04:50 EST

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 grams from values per serving.

Nutrient	Unit	1 Tbsp 18g	1 Value Per100 g
Proximates			
Energy	kcal	30	167
Protein	g	0.00	0.00
Total lipid (fat)	g	0.00	0.00
Carbohydrate, by difference	g	8.00	44.44
Sugars, total	g	7.00	38.89
Minerals			
Sodium, Na	mg	0	0
Vitamins			
Vitamin C, total ascorbic acid	mg	3.6	20.0
Vitamin A, IU	IU	100	556

Lipids

Amino Acids

Other

Ingredients

CHERRIES, BLACKBERRIES, BLUEBERRIES, RASPBERRIES, SUGAR, LEMON JUICE, PECTIN AND CITRIC ACID *Date Last Updated by Company: 03/30/2016*