

Statistics Report 19421, Snacks, potato chips, cheese-flavor

Report Date: September 15, 2019 12:40 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	1.80	4	0.160	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Energy	kcal	496	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/1991
Energy	kJ	2075	--	--	0	0	--	--	--	--	Calculated or imputed	--	01/2012
Protein	g	8.50	4	0.480	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Total lipid (fat)	g	27.20	4	0.780	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Ash	g	4.80	4	0.300	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Carbohydrate, by difference	g	57.70	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/1991
Fiber, total dietary	g	5.2	--	--	0	0	--	--	--	--	Calculated or imputed	--	01/1994
Minerals													
Calcium, Ca	mg	72	4	2.000	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Iron, Fe	mg	1.84	4	0.270	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Magnesium, Mg	mg	75	4	2.000	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991

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Phosphorus, P	mg	299	4	7.000	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Potassium, K	mg	1528	4	31.000	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Sodium, Na	mg	458	--	--	0	0	--	--	--	--	Calculated or imputed	--	05/2011
Zinc, Zn	mg	0.91	4	0.140	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Copper, Cu	mg	0.250	4	0.052	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Manganese, Mn	mg	0.446	4	0.035	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Vitamins													
Vitamin C, total ascorbic acid	mg	54.1	4	13.100	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Thiamin	mg	0.155	4	0.003	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Riboflavin	mg	0.158	4	0.010	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Niacin	mg	5.000	4	0.129	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Pantothenic acid	mg	0.790	4	0.105	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Vitamin B-6	mg	0.348	4	0.039	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Folate, total	µg	0	4	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991

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Folic acid	µg	0	--	--	0	0	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	0	4	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Folate, DFE	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	01/2001
Vitamin B-12	µg	0.00	1	--	0	0	--	--	--	--	Calculated or imputed	--	08/1991
Vitamin A, RAE	µg	10	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/2002
Retinol	µg	10	--	--	0	0	--	--	--	--	Calculated or imputed	--	06/2002
Vitamin A, IU	IU	33	1	--	0	0	--	--	--	--	Calculated or imputed	--	08/1991
Lipids													
Fatty acids, total saturated	g	8.600	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
10:0	g	0.000	31	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
12:0	g	0.060	31	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
14:0	g	0.240	31	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
16:0	g	7.320	31	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
18:0	g	0.870	31	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Fatty acids, total monounsaturated	g	7.720	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
16:1 undifferentiated	g	0.140	31	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991

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18:1 undifferentiated	g	7.470	31	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
20:1	g	0.120	31	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Fatty acids, total polyunsaturated	g	9.560	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
18:2 undifferentiated	g	9.410	31	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
18:3 undifferentiated	g	0.150	31	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Cholesterol	mg	4	1	--	0	0	--	--	--	--	Calculated or imputed	--	08/1991
Amino Acids													
Tryptophan	g	0.073	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Threonine	g	0.365	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Isoleucine	g	0.392	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Leucine	g	0.594	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Lysine	g	0.554	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Methionine	g	0.116	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Cystine	g	0.104	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991

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Phenylalanine	g	0.388	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Tyrosine	g	0.329	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Valine	g	0.501	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Arginine	g	0.400	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Histidine	g	0.194	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Alanine	g	0.299	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Aspartic acid	g	1.494	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Glutamic acid	g	1.446	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Glycine	g	0.268	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Proline	g	0.394	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Serine	g	0.357	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991