

## Basic Report 19345, Syrups, chocolate, HERSHEY'S Genuine Chocolate Flavored Lite Syrup

Report Date: June 15, 2019 21:51 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	2.0 tbsp 35g
<b>Proximates</b>			
Water	g	62.16	21.76
Energy	kcal	153	54
Protein	g	1.40	0.49
Total lipid (fat)	g	0.97	0.34
Carbohydrate, by difference	g	34.56	12.10
Fiber, total dietary	g	0.0	0.0
Sugars, total	g	28.57	10.00
<b>Minerals</b>			
Calcium, Ca	mg	11	4
Iron, Fe	mg	0.00	0.00
Magnesium, Mg	mg	36	13
Phosphorus, P	mg	54	19
Potassium, K	mg	187	65
Sodium, Na	mg	100	35
Zinc, Zn	mg	0.48	0.17
<b>Vitamins</b>			
Vitamin C, total ascorbic acid	mg	0.0	0.0
Thiamin	mg	0.008	0.003
Riboflavin	mg	0.040	0.014
Niacin	mg	0.178	0.062
Vitamin B-6	mg	0.009	0.003
Folate, DFE	µg	2	1
Vitamin B-12	µg	0.00	0.00
Vitamin A, RAE	µg	0	0
Vitamin A, IU	IU	0	0
Vitamin E (alpha-tocopherol)	mg	0.01	0.00

<b>Nutrient</b>	<b>Unit</b>	<b>1 Value Per100 g</b>	<b>2.0 tbsp 35g</b>
Vitamin D (D2 + D3)	µg	0.0	0.0
Vitamin D	IU	0	0
Vitamin K (phylloquinone)	µg	0.2	0.1
<b>Lipids</b>			
Fatty acids, total saturated	g	0.000	0.000
Fatty acids, total monounsaturated	g	0.000	0.000
Fatty acids, total polyunsaturated	g	0.000	0.000
Cholesterol	mg	0	0
<b>Amino Acids</b>			
<b>Other</b>			
Caffeine	mg	6	2