

Statistics Report 19172, Gelatin desserts, dry mix
Report Date: September 17, 2019 09:15 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per12.6 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	0.13	84	0.020	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Energy	kcal	48	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/1991
Energy	kJ	201	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2005
Protein	g	0.98	84	0.030	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Total lipid (fat)	g	0.00	1	--	0	0	--	--	--	--	Calculated or imputed	--	08/1991
Ash	g	0.09	84	0.010	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Carbohydrate, by difference	g	11.40	--	--	0	0	--	--	--	--	Calculated or imputed	--	08/1991
Fiber, total dietary	g	0.0	2	--	0	0	1.0	--	--	1	Calculated from nutrient label by NDL	--	02/2003
Sugars, total	g	10.84	--	--	0	0	--	--	--	--	Calculated or imputed	--	12/2006
Minerals													
Calcium, Ca	mg	0	9	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991

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Iron, Fe	mg	0.02	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Magnesium, Mg	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Phosphorus, P	mg	18	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Potassium, K	mg	1	17	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Sodium, Na	mg	59	4	54.000	364	619	3.0	293.0	639.0	2	Calculated from nutrient label by NDL	--	02/2003
Zinc, Zn	mg	0.00	2	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Copper, Cu	mg	0.015	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Manganese, Mn	mg	0.001	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Selenium, Se	µg	0.8	1	--	0	0	--	--	--	--	Analytical or derived from analytical	--	12/1992
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Thiamin	mg	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Riboflavin	mg	0.005	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Niacin	mg	0.001	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Pantothenic acid	mg	0.002	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003

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Vitamin B-6	mg	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Folate, total	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Folic acid	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Folate, food	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Folate, DFE	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	12/2006
Choline, total	mg	0.4	--	--	0	0	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin B-12	µg	0.00	1	--	0	0	--	--	--	--	Calculated or imputed	--	08/1991
Vitamin B-12, added	µg	0.00	--	--	0	0	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Retinol	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Carotene, beta	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Carotene, alpha	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Cryptoxanthin, beta	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin A, IU	IU	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2005
Lycopene	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Lutein + zeaxanthin	µg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin E, added	mg	0.00	--	--	0	0	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	0	0	--	--	--	--	Assumed zero	--	11/2008

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Vitamin D	IU	0	--	--	0	0	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	0.0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Lipids													
Fatty acids, total saturated	g	0.000	2	--	0	0	1.0	--	--	1	Calculated from nutrient label by NDL	--	02/2003
4:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
6:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
8:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
10:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
12:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
14:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
16:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
18:0	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total monounsaturated	g	0.000	2	--	0	0	1.0	--	--	1	Calculated from nutrient label by NDL	--	02/2003
16:1 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
18:1 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
20:1	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
22:1 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995

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Fatty acids, total polyunsaturated	g	0.000	2	--	0	0	1.0	--	--	1	Calculated from nutrient label by NDL	--	02/2003
18:2 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
18:3 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
18:4	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
20:4 undifferentiated	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
20:5 n-3 (EPA)	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/1995
Cholesterol	mg	0	2	--	0	0	1.0	--	--	1	Calculated from nutrient label by NDL	--	02/2003
Amino Acids													
Tryptophan	g	0.000	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Threonine	g	0.019	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Isoleucine	g	0.015	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Leucine	g	0.032	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991

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Lysine	g	0.045	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Methionine	g	0.008	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Cystine	g	0.000	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Phenylalanine	g	0.022	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Tyrosine	g	0.004	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Valine	g	0.027	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Arginine	g	0.085	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Histidine	g	0.009	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Alanine	g	0.103	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Aspartic acid	g	0.068	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991

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Glutamic acid	g	0.113	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Glycine	g	0.245	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Proline	g	0.158	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Serine	g	0.034	--	--	0	0	--	--	--	--	Analytical or derived from analytical	--	08/1991
Other													
Alcohol, ethyl	g	0.0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Caffeine	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003
Theobromine	mg	0	--	--	0	0	--	--	--	--	Calculated or imputed	--	02/2003