

Full Report (All Nutrients) 45373503, LIGHT ICE CREAM, UPC: 858089003593
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Report Date: September 17, 2019 07:04 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer HALO TOP

Nutrient	Unit	Data points	Std. Error	64.0 GRM 64g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	74	116
Protein	g	--	--	4.64	7.25
Total lipid (fat)	g	--	--	1.86	2.90
Carbohydrate, by difference	g	--	--	14.84	23.19
Fiber, total dietary	g	--	--	2.8	4.3
Sugars, total	g	--	--	7.42	11.59
Sugar alcohols,total	g	--	--	4.5	7.0
Minerals					
Calcium, Ca	mg	--	--	93	145
Iron, Fe	mg	--	--	0.33	0.52
Sodium, Na	mg	--	--	102	159
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	11.1	17.4
Vitamin A, IU	IU	--	--	93	145
Lipids					
Fatty acids, total saturated	g	--	--	0.928	1.450
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	37	58

Amino Acids
Other
Ingredients

SKIM MILK, EGGS, PEACHES (PEACHES, ORGANIC SUGAR, WATER, ORGANIC RICE STARCH, NATURAL FLAVOR, CITRIC ACID, ANNATTO EXTRACT (COLOR)), ERYTHRITOL, PREBIOTIC FIBER, MILK PROTEIN CONCENTRATE, CREAM, ORGANIC CANE SUGAR, PEACH BASE (PEACHES, ORGANIC SUGAR, WATER, PEACH PUREE CONCENTRATE, CITRIC ACID, NATURAL FLAVOR, ANNATTO EXTRACT (COLOR), TURMERIC EXTRACT (COLOR)), VEGETABLE GLYCERIN, NATURAL FLAVORS, ANNATTO EXTRACT (COLOR), SEA SALT, ORGANIC CAROB GUM, ORGANIC

