

Full Report (All Nutrients) 45365698, SWEET KALE CHOPPED SALAD KIT, UPC: 041498268855
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Report Date: August 23, 2019 09:48 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Aldi-Benner Company

Nutrient	Unit	Data points	Std. Error	1.5 cup 100g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	150	150
Protein	g	--	--	3.00	3.00
Total lipid (fat)	g	--	--	10.00	10.00
Carbohydrate, by difference	g	--	--	13.00	13.00
Fiber, total dietary	g	--	--	3.0	3.0
Sugars, total	g	--	--	9.00	9.00
Minerals					
Calcium, Ca	mg	--	--	60	60
Iron, Fe	mg	--	--	1.08	1.08
Sodium, Na	mg	--	--	150	150
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	60.0	60.0
Vitamin A, IU	IU	--	--	2000	2000
Lipids					
Fatty acids, total saturated	g	--	--	1.500	1.500
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids
Other
Ingredients

 SALAD: BROCCOLI, GREEN CABBAGE, KALE, BRUSSELS SPROUTS, RADICCHIO, POPPY SEED DRESSING: SOYBEAN OIL, SUGAR, WATER, CIDER VINEGAR, SALT, ORANGE JUICE CONCENTRATE, POPPY SEEDS, EGG YOLK, XANTHAN GUM, LEMON JUICE CONCENTRATE, DRIED ONION, DRIED LEMON PEEL, ROASTED AND SALTED PEPITAS: PUMPKIN SEEDS, CANOLA OIL, SALT, DRIED CRANBERRIES: CRANBERRIES, SUGAR, SUNFLOWER OIL. *Date Available: 05/03/2018 Date Last Updated by Company: 05/03/2018*