

**Full Report (All Nutrients) 45363680, SWEET BELL PEPPERS, UPC: 751666157323**
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**Report Date: July 17, 2019 22:40 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Nutrient	Unit	Data points	Std. Error	100 GRM 100g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	29	29
Protein	g	--	--	1.18	1.18
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	5.88	5.88
Fiber, total dietary	g	--	--	1.2	1.2
Sugars, total	g	--	--	4.71	4.71
<b>Minerals</b>					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	0.85	0.85
Sodium, Na	mg	--	--	41	41
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	127.1	127.1
Vitamin A, IU	IU	--	--	235	235
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0
<b>Amino Acids</b>					
<b>Other</b>					