

**Full Report (All Nutrients) 45359340, CHICKPEAS, UPC: 041415109414**
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**Report Date: July 23, 2019 19:05 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer PUBLIX SUPER MARKETS, INC.

Nutrient	Unit	Data points	Std. Error	1 cup 130g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	120	92
Protein	g	--	--	6.01	4.62
Total lipid (fat)	g	--	--	2.00	1.54
Carbohydrate, by difference	g	--	--	19.99	15.38
Fiber, total dietary	g	--	--	4.0	3.1
Sugars, total	g	--	--	1.00	0.77
<b>Minerals</b>					
Calcium, Ca	mg	--	--	40	31
Iron, Fe	mg	--	--	1.40	1.08
Potassium, K	mg	--	--	230	177
Sodium, Na	mg	--	--	320	246
<b>Vitamins</b>					
Vitamin D	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

**Amino Acids**
**Other**
**Ingredients**

 PREPARED CHICKPEAS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), DISODIUM EDTA ADDED TO PROMOTE COLOR RETENTION. *Date Available:* 04/10/2018 *Date Last Updated by Company:* 04/10/2018