

**Full Report (All Nutrients) 45356002, WHOLE GREEN BEANS, UPC: 092825095101**
[Powered by LabelInsight](#)
**Report Date: September 21, 2019 17:45 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Brookshire Grocery Company

Nutrient	Unit	Data points	Std. Error	0.5 cup 120g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	20	17
Protein	g	--	--	1.00	0.83
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	4.00	3.33
Fiber, total dietary	g	--	--	2.0	1.7
Sugars, total	g	--	--	2.00	1.67
<b>Minerals</b>					
Calcium, Ca	mg	--	--	30	25
Iron, Fe	mg	--	--	0.40	0.33
Potassium, K	mg	--	--	100	83
Sodium, Na	mg	--	--	290	242
<b>Vitamins</b>					
Vitamin D	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

**Amino Acids**
**Other**
**Ingredients**

 GREEN BEANS, WATER, SALT. *Date Available:* 03/11/2018 *Date Last Updated by Company:* 03/11/2018