

Full Report (All Nutrients) 45348485, ALPHABET SHAPED LOW FAT PRETZELS, UPC: 719283984814
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Report Date: August 20, 2019 20:54 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Meijer, Inc.

| Nutrient | Unit | Data points | Std. Error | 0.5 cup 30g | 1 Value Per100 g |
|------------------------------------|------|-------------|------------|----------------|------------------------|
| Proximates | | | | | |
| Energy | kcal | -- | -- | 120 | 400 |
| Protein | g | -- | -- | 3.00 | 10.00 |
| Total lipid (fat) | g | -- | -- | 1.00 | 3.33 |
| Carbohydrate, by difference | g | -- | -- | 24.00 | 80.00 |
| Fiber, total dietary | g | -- | -- | 1.0 | 3.3 |
| Sugars, total | g | -- | -- | 0.00 | 0.00 |
| Minerals | | | | | |
| Calcium, Ca | mg | -- | -- | 9 | 30 |
| Iron, Fe | mg | -- | -- | 2.00 | 6.67 |
| Potassium, K | mg | -- | -- | 0 | 0 |
| Sodium, Na | mg | -- | -- | 320 | 1067 |
| Vitamins | | | | | |
| Vitamin D | IU | -- | -- | 0 | 0 |
| Lipids | | | | | |
| Fatty acids, total saturated | g | -- | -- | 0.000 | 0.000 |
| Fatty acids, total monounsaturated | g | -- | -- | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated | g | -- | -- | 0.501 | 1.670 |
| Fatty acids, total trans | g | -- | -- | 0.000 | 0.000 |
| Cholesterol | mg | -- | -- | 0 | 0 |

Amino Acids
Other
Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, HIGH OLEIC CANOLA OIL AND/OR SOYBEAN OIL, CONTAINS

