

**Full Report (All Nutrients) 45341613, ALL PURPOSE WHITE FLOUR, UPC: 071518051082**
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**Report Date: July 15, 2019 20:21 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Hodgson Mill Inc

Nutrient	Unit	Data points	Std. Error	1.0 cup 120g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	400	333
Protein	g	--	--	12.00	10.00
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	92.00	76.67
Fiber, total dietary	g	--	--	4.0	3.3
Sugars, total	g	--	--	0.00	0.00
<b>Minerals</b>					
Iron, Fe	mg	--	--	1.44	1.20
Sodium, Na	mg	--	--	0	0
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

**Amino Acids**
**Other**
**Ingredients**

 100% ORGANIC WHEAT FLOUR (UNBLEACHED AND UNENRICHED. *Date Available: 04/28/2018 Date Last Updated by Company: 04/28/2018*)