

**Full Report (All Nutrients) 45323503, ACAI BOWLS, UPC: 071202007029**
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**Report Date: August 24, 2019 00:43 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Dole Packaged Foods Company

Nutrient	Unit	Data points	Std. Error	6.0 ONZ 170g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	211	124
Protein	g	--	--	2.99	1.76
Total lipid (fat)	g	--	--	6.00	3.53
Carbohydrate, by difference	g	--	--	35.00	20.59
Fiber, total dietary	g	--	--	7.0	4.1
Sugars, total	g	--	--	19.01	11.18
Sugars, added	g	--	--	11.1	6.5
<b>Minerals</b>					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	1.00	0.59
Sodium, Na	mg	--	--	0	0
<b>Vitamins</b>					
Vitamin D	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	2.006	1.180
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

**Amino Acids**
**Other**
**Ingredients**

 ACAI PUREE (WATER, ACAI SKIN & PULP, CITRIC ACID), BANANAS (BANANAS, ASCORBIC ACID [TO PROMOTE COLOR RETENTION], CITRIC ACID), STRAWBERRIES, BLUEBERRIES, TOPPING (OATS, COCONUT, HONEY, CANOLA OIL), HONEY, AND CITRIC ACID. *Date Available: 04/11/2018 Date Last Updated by Company: 04/11/2018*