

**Full Report (All Nutrients) 45314507, PETITE WHOLE GREEN BEANS, UPC: 04656700549**
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**Report Date: June 20, 2019 19:20 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer RALEY'S

Nutrient	Unit	Data points	Std. Error	23.0 PIECES)   (83g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	30	36
Protein	g	--	--	1.00	1.20
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	5.00	6.02
Fiber, total dietary	g	--	--	2.0	2.4
Sugars, total	g	--	--	2.00	2.41
<b>Minerals</b>					
Calcium, Ca	mg	--	--	40	48
Iron, Fe	mg	--	--	0.36	0.43
Sodium, Na	mg	--	--	0	0
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	3.6	4.3
Vitamin A, IU	IU	--	--	100	120
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

**Amino Acids**
**Other**
**Ingredients**

GREEN BEANS. Date Available: 08/23/2017 Date Last Updated by Company: 08/23/2017