

Full Report (All Nutrients) 45291867, DRAGON FRUIT BITE SIZE FRUIT CUBES, UPC: 853687004058
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Report Date: August 18, 2019 09:12 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Nutrient	Unit	Data points	Std. Error	6.0 ONZ 170g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	102	60
Protein	g	--	--	2.01	1.18
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	22.00	12.94
Fiber, total dietary	g	--	--	4.9	2.9
Sugars, total	g	--	--	13.01	7.65
Minerals					
Calcium, Ca	mg	--	--	31	18
Iron, Fe	mg	--	--	1.26	0.74
Magnesium, Mg	mg	--	--	68	40
Sodium, Na	mg	--	--	0	0
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	4.2	2.5
Thiamin	mg	--	--	0.000	0.000
Riboflavin	mg	--	--	0.170	0.100
Niacin	mg	--	--	0.600	0.353
Vitamin A, IU	IU	--	--	100	59
Lipids					
Fatty acids, total saturated	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0
Amino Acids					
Other					
Ingredients					

