

Full Report (All Nutrients) 45286829, AVOCADO OIL, UPC: 863699000191

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Primal Nutrition

Nutrient	Unit	Data points	Std. Error	1 Tbsp 14g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	124	886
Total lipid (fat)	g	--	--	14.00	100.00
Minerals					
Sodium, Na	mg	--	--	0	0
Vitamins					
Lipids					
Fatty acids, total saturated	g	--	--	2.001	14.290
Fatty acids, total monounsaturated	g	--	--	10.000	71.430
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

100% PURE AVOCADO OIL *Date Available:* 10/13/2017 *Date Last Updated by Company:* 10/13/2017