

**Full Report (All Nutrients) 45278344, APPLE CIDER DONUTS, UPC: 094922925466**
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**Report Date: June 19, 2019 21:49 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Georgia Peach Products, Inc.

Nutrient	Unit	Data points	Std. Error	1 DONUT 57g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	230	404
Protein	g	--	--	3.00	5.26
Total lipid (fat)	g	--	--	14.00	24.56
Carbohydrate, by difference	g	--	--	22.00	38.60
Fiber, total dietary	g	--	--	1.0	1.8
Sugars, total	g	--	--	8.00	14.04
<b>Minerals</b>					
Calcium, Ca	mg	--	--	20	35
Iron, Fe	mg	--	--	1.08	1.89
Sodium, Na	mg	--	--	300	526
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	6.002	10.530
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	10	18

**Amino Acids**
**Other**
**Ingredients**

ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHOLE WHEAT FLOUR, WATER, APPLE CIDER, SOYBEAN OIL, SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DRY EGG YOLK, DRY WHEY, CINNAMON, SALT, NATURAL &amp; ARTIFICIAL FLAVOR, NONFAT

MILK SOLIDS, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN OIL), SOY LECITHIN, CELLULOSE GUM, WHEAT STARCH, CARAMEL COLOR, DRIED APPLES, SWEET CREAM, BETA CAROTENE AS COLOR, PROPYLENE GLYCOL, NATURAL MIXED TOCOPHEROLS & ASCORBYL PALMITATE AS PRESERVATIVES. 092404 (J) *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*