

**Full Report (All Nutrients) 45271521, LOW CALORIE VITAMIN & MINERAL DRINK MIX, UPC: 072392323166**
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**Report Date: July 17, 2019 06:49 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Nutrient	Unit	Data points	Std. Error	1 PACKET 3.5g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	5	143
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	0.00	0.00
Sugars, total	g	--	--	0.00	0.00
<b>Minerals</b>					
Calcium, Ca	mg	--	--	60	1714
Magnesium, Mg	mg	--	--	60	1714
Potassium, K	mg	--	--	150	4286
Sodium, Na	mg	--	--	0	0
Zinc, Zn	mg	--	--	15.00	428.57
Selenium, Se	µg	--	--	70.0	2000.0
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	990.0	28285.7
Thiamin	mg	--	--	0.385	11.000
Riboflavin	mg	--	--	0.425	12.143
Niacin	mg	--	--	10.000	285.714
Pantothenic acid	mg	--	--	2.500	71.429
Vitamin B-6	mg	--	--	1.000	28.571
Vitamin B-12	µg	--	--	3.00	85.71

**Lipids**
**Amino Acids**

<b>Nutrient</b>	<b>Unit</b>	<b>Data points</b>	<b>Std. Error</b>	<b>1 PACKET 3.5g</b>	<b>1 Value Per100 g</b>
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**Other**

**Ingredients**

ASCORBIC ACID (VITAMIN C), CITRIC ACID, POTASSIUM CITRATE, MALTODEXTRIN, CALCIUM PHOSPHATE, NATURAL FLAVOR, MAGNESIUM OXIDE, CONTAINS 2% OR LESS OF THE FOLLOWING: ZINC SULFATE, NIACINAMIDE (VITAMIN B3), MANGANESE GLUCONATE, D-CALCIUM PANTOTHENATE (VITAMIN B5), D-ALPHA TOCOPHERYL ACETATE (VITAMIN E), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), THIAMIN HYDROCHLORIDE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), SODIUM SELENATE, CHROMIUM CHLORIDE, CYANOCOBALAMIN (VITAMIN B12), SUCRALOSE, ACESULFAME POTASSIUM, COLORED WITH FRUIT AND VEGETABLE JUICE POWDER. *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*