

Full Report (All Nutrients) 45269068, ORGANIC RED LENTIL PASTA, UPC: 837186006478
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Report Date: July 23, 2019 18:22 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Nutrient	Unit	Data points	Std. Error	3.0 ONZ 85g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	281	331
Protein	g	--	--	18.00	21.18
Total lipid (fat)	g	--	--	2.50	2.94
Carbohydrate, by difference	g	--	--	51.00	60.00
Fiber, total dietary	g	--	--	16.0	18.8
Sugars, total	g	--	--	0.00	0.00
Minerals					
Calcium, Ca	mg	--	--	38	45
Iron, Fe	mg	--	--	5.04	5.93
Magnesium, Mg	mg	--	--	84	99
Sodium, Na	mg	--	--	0	0
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Thiamin	mg	--	--	0.000	0.000
Niacin	mg	--	--	0.000	0.000
Vitamin A, IU	IU	--	--	0	0
Vitamin D	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0
Amino Acids					
Other					
Ingredients					

