

**Full Report (All Nutrients) 45269029, ORGANIC BLACK BEAN PASTA, UPC: 837186006515**
[Powered by LabelInsight](#)
**Report Date: September 22, 2019 04:27 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Nutrient	Unit	Data points	Std. Error	3.0 ONZ 85g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	281	331
Protein	g	--	--	19.00	22.35
Total lipid (fat)	g	--	--	1.30	1.53
Carbohydrate, by difference	g	--	--	42.00	49.41
Fiber, total dietary	g	--	--	13.0	15.3
Sugars, total	g	--	--	0.00	0.00
<b>Minerals</b>					
Calcium, Ca	mg	--	--	120	141
Iron, Fe	mg	--	--	5.40	6.35
Magnesium, Mg	mg	--	--	0	0
Sodium, Na	mg	--	--	0	0
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Thiamin	mg	--	--	0.000	0.000
Niacin	mg	--	--	0.000	0.000
Vitamin A, IU	IU	--	--	0	0
Vitamin D	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0
<b>Amino Acids</b>					
<b>Other</b>					
<b>Ingredients</b>					

