

Full Report (All Nutrients) 45255681, ABBY'S MILLSTONE BAKING COMPANY, SOURDOUGH, UPC: 853824004118
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Report Date: June 18, 2019 13:35 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Nutrient	Unit	Data points	Std. Error	1 SLICE 49g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	115	235
Protein	g	--	--	3.00	6.12
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	20.00	40.82
Fiber, total dietary	g	--	--	1.0	2.0
Sugars, total	g	--	--	1.00	2.04
Minerals					
Calcium, Ca	mg	--	--	20	41
Iron, Fe	mg	--	--	1.08	2.20
Sodium, Na	mg	--	--	110	224
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0
Amino Acids					
Other					

Ingredients

 UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, STARTER (WHEAT FLOUR, WATER), KOSHER/PAREVE, NON-DAIRY/NON-FAT DRY MILK (SOY PROTEIN, MALTODEXTRIN, CERELOSE, ALGINATES, BETA-CAROTENE AND LECITHIN), SUGAR, YEAST. *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*