

Full Report (All Nutrients) 45254585, ORGANIC PUMPKIN SEED OIL, UPC: 749544012123

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Nutrient	Unit	Data points	Std. Error	1 Tbsp 15g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	120	800
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	14.00	93.33
Carbohydrate, by difference	g	--	--	0.00	0.00
Minerals					
Sodium, Na	mg	--	--	0	0
Vitamins					
Lipids					
Fatty acids, total saturated	g	--	--	2.501	16.670
Fatty acids, total monounsaturated	g	--	--	3.000	20.000
Fatty acids, total polyunsaturated	g	--	--	7.999	53.330
Amino Acids					
Other					