

**Full Report (All Nutrients) 45243995, FLEISCHMANN'S Vol-Whip Frozen Egg Whites, 5 LB case, UNPREPARED, GTIN: 00029000031456**

 Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)
**Report Date: July 22, 2019 18:43 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	0.25 Cup (61g) 61g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	30	49
Protein	g	--	--	6.00	9.84
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	1.00	1.64
Fiber, total dietary	g	--	--	0.0	0.0
Sugars, total	g	--	--	0.00	0.00
<b>Minerals</b>					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	0.00	0.00
Sodium, Na	mg	--	--	100	164
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

**Amino Acids**
**Other**
**Ingredients**

 Egg Whites, Xanthan Gum And Triethyl Citrate Added To Enhance Whipping. *Date Available: 10/05/2017 Date Last Updated by Company: 10/07/2016*