

Full Report (All Nutrients) 45243445, AVOCADO OIL, UPC: 705105735436
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Report Date: August 24, 2019 00:56 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Brittany Records

Nutrient	Unit	Data points	Std. Error	1 tsp 5g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	45	900
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	4.50	90.00
Carbohydrate, by difference	g	--	--	0.00	0.00
Fiber, total dietary	g	--	--	0.0	0.0
Sugars, total	g	--	--	0.00	0.00
Minerals					
Sodium, Na	mg	--	--	0	0
Vitamins					
Lipids					
Fatty acids, total saturated	g	--	--	0.500	10.000
Fatty acids, total monounsaturated	g	--	--	3.000	60.000
Fatty acids, total polyunsaturated	g	--	--	0.500	10.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids
Other
Ingredients

AVOCADO OIL. Date Available: 06/25/2017 Date Last Updated by Company: 06/25/2017