

**Full Report (All Nutrients) 45243398, ADOBO SEASONING, UPC: 604485007716**

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**Report Date: August 18, 2019 07:38 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer The Nutmeg Spice Co. Ltd.

Nutrient	Unit	Data points	Std. Error	10.0 GRM 10g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	7	68
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	0.10	1.00
Carbohydrate, by difference	g	--	--	1.50	15.00
Fiber, total dietary	g	--	--	0.1	1.0
<b>Minerals</b>					
Calcium, Ca	mg	--	--	6	57
Iron, Fe	mg	--	--	0.20	2.00
Sodium, Na	mg	--	--	3102	31024
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.1	1.0
Vitamin A, IU	IU	--	--	15	146
<b>Lipids</b>					
<b>Amino Acids</b>					
<b>Other</b>					
<b>Ingredients</b>					

A FINE BLEND OF SALT, DEXTROSE, GARLIC, OREGANO, BLACK PEPPER, TURMERIC, SPICE *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*