

Full Report (All Nutrients) 45222665, ALMONDS, UPC: 708820063587
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Report Date: August 24, 2019 12:57 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Meijer, Inc.

Nutrient	Unit	Data points	Std. Error	0.25 cup 30g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	140	467
Protein	g	--	--	3.00	10.00
Total lipid (fat)	g	--	--	8.00	26.67
Carbohydrate, by difference	g	--	--	15.00	50.00
Fiber, total dietary	g	--	--	2.0	6.7
Sugars, total	g	--	--	12.00	40.00
Minerals					
Calcium, Ca	mg	--	--	40	133
Iron, Fe	mg	--	--	0.72	2.40
Sodium, Na	mg	--	--	75	250
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.999	3.330
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	5	17

Amino Acids
Other
Ingredients

 ALMONDS, SUGAR, BROWN SUGAR, BUTTER, CONTAINS 2% OR LESS OF: BUTTER POWDER (SALTED BUTTER, SKIM MILK), SALT, CORN SYRUP, DRIED MOLASSES, NATURAL FLAVOR. *Date Available: 03/31/2018 Date Last Updated by Company: 03/31/2018*