

Full Report (All Nutrients) 45218916, GREEN BEANS, UPC: 074175621001
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Report Date: September 18, 2019 08:00 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Stater Bros. Markets Inc.

Nutrient	Unit	Data points	Std. Error	0.5 cup 120g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	20	17
Protein	g	--	--	1.00	0.83
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	4.00	3.33
Fiber, total dietary	g	--	--	2.0	1.7
Sugars, total	g	--	--	2.00	1.67
Minerals					
Calcium, Ca	mg	--	--	20	17
Iron, Fe	mg	--	--	0.72	0.60
Sodium, Na	mg	--	--	290	242
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	2.4	2.0
Vitamin A, IU	IU	--	--	300	250
Lipids					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids
Other
Ingredients

GREEN BEANS, WATER, SALT. Date Available: 03/15/2018 Date Last Updated by Company: 03/15/2018