

Full Report (All Nutrients) 45207683, A SWEETENED CORN CEREAL, UPC: 036800095243
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Report Date: August 24, 2019 01:28 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Topco Associates, Inc.

Nutrient	Unit	Data points	Std. Error	0.75 cup 30g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	120	400
Protein	g	--	--	1.00	3.33
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	27.00	90.00
Fiber, total dietary	g	--	--	0.0	0.0
Sugars, total	g	--	--	14.00	46.67
Minerals					
Calcium, Ca	mg	--	--	100	333
Iron, Fe	mg	--	--	4.50	15.00
Potassium, K	mg	--	--	70	233
Sodium, Na	mg	--	--	160	533
Zinc, Zn	mg	--	--	3.75	12.50
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	6.0	20.0
Thiamin	mg	--	--	0.300	1.000
Riboflavin	mg	--	--	0.425	1.417
Niacin	mg	--	--	5.000	16.667
Vitamin B-6	mg	--	--	0.500	1.667
Vitamin B-12	µg	--	--	1.50	5.00
Vitamin A, IU	IU	--	--	750	2500
Vitamin D	IU	--	--	40	133
Lipids					

Nutrient	Unit	Data points	Std. Error	0.75 cup 30g	1 Value Per100 g
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

SUGAR, DEGERMED YELLOW CORN MEAL, YELLOW CORN FLOUR, COCOA (PROCESSED WITH ALKALI), CORN SYRUP, CORN STARCH, FOOD STARCH-MODIFIED, SALT, ARTIFICIAL FLAVOR, CALCIUM CARBONATE, PALM OIL, COLOR (CARAMEL), HIGH FRUCTOSE CORN SYRUP, DICALCIUM PHOSPHATE, VITAMIN C (SODIUM ASCORBATE, ASCORBIC ACID), IRON (FERROUS FUMARATE), BAKING SODA, TRISODIUM PHOSPHATE, VITAMIN A (PALMITATE), NIACINAMIDE, ZINC (ZINC OXIDE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID, VITAMIN B12 (CYANOCOBALAMIN), BHT ADDED TO PACKAGING TO HELP PRESERVE FRESHNESS. *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*