

**Full Report (All Nutrients) 45205301, ABE'S, MINI-MUPPINS, APPLE CIDER, UPC: 044261591273**

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer J.S. Krum Inc.

Nutrient	Unit	Data points	Std. Error	2.0 MUFFINS 40g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	230	575
Protein	g	--	--	3.00	7.50
Total lipid (fat)	g	--	--	9.00	22.50
Carbohydrate, by difference	g	--	--	35.00	87.50
Fiber, total dietary	g	--	--	1.0	2.5
Sugars, total	g	--	--	21.00	52.50
<b>Minerals</b>					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	0.72	1.80
Sodium, Na	mg	--	--	190	475
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.500	1.250
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

**Amino Acids**
**Other**
**Ingredients**

NON-GMO SUGAR, NON-GMO FLOUR, NON-GMO CANOLA OIL, APPLE SAUCE, APPLE PUREE, APPLE CIDER, BAKING SODA (SODIUM BICARBONATE), VANILLA, SALT, CINNAMON, ALLSPICE.

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