

Full Report (All Nutrients) 45191136, WHOLE MILK, UPC: 070852000091
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Report Date: September 17, 2019 01:10 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Clover Stornetta Farms, Inc.

Nutrient	Unit	Data points	Std. Error	1 cup 240g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	161	67
Protein	g	--	--	7.99	3.33
Total lipid (fat)	g	--	--	9.00	3.75
Carbohydrate, by difference	g	--	--	12.00	5.00
Fiber, total dietary	g	--	--	0.0	0.0
Sugars, total	g	--	--	12.00	5.00
Minerals					
Calcium, Ca	mg	--	--	300	125
Iron, Fe	mg	--	--	0.00	0.00
Potassium, K	mg	--	--	410	171
Sodium, Na	mg	--	--	125	52
Vitamins					
Lipids					
Fatty acids, total saturated	g	--	--	4.992	2.080
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	36	15
Amino Acids					
Other					
Ingredients					
MILK, VITAMIN D3. <i>Date Available: 01/19/2018 Date Last Updated by Company: 01/19/2018</i>					