

Full Report (All Nutrients) 45190535, BRAIDED STRUDELS MIXED BERRY, UPC: 041144878247
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Report Date: September 18, 2019 08:17 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer West Coast Grocery Company

Nutrient	Unit	Data points	Std. Error	1 STRUDEL 109g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	350	321
Protein	g	--	--	4.00	3.67
Total lipid (fat)	g	--	--	18.00	16.51
Carbohydrate, by difference	g	--	--	44.00	40.37
Fiber, total dietary	g	--	--	1.0	0.9
Sugars, total	g	--	--	16.00	14.68
Minerals					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	1.08	0.99
Sodium, Na	mg	--	--	270	248
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	1.2	1.1
Vitamin A, IU	IU	--	--	750	688
Lipids					
Fatty acids, total saturated	g	--	--	6.998	6.420
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids
Other
Ingredients

ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYMES, ASCORBIC ACID ADDED AS DOUGH CONDITIONER), MARGARINE (VEGETABLE OIL (PALM, CANOLA), WATER, SUGAR, MONO AND DIGLYCERIDES, SOY LECITHIN, CITRIC ACID, ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, VITAMIN D3, BETA

CAROTENE COLOR), WATER, SUGAR, BLUEBERRIES, STRAWBERRIES RASPBERRIES MODIFIED CORN STARCH, GLUCOSE, SALT, CITRIC ACID, SODIUM CITRATE, GELLAN GUM, LOCUST BEAN GUM, XANTHAN GUM, CARRAGEENAN, SODIUM BENZOATE (PRESERVATIVE), NATURAL AND ARTIFICIAL FLAVOR, ARTIFICIAL COLORS (RED 40, BLUE 1). *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*