

**Full Report (All Nutrients) 45189582, CACAO NIBS, UPC: 857554001669**
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**Report Date: August 25, 2019 02:58 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Nutrient	Unit	Data points	Std. Error	1 OZ 28g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	130	464
Protein	g	--	--	4.00	14.29
Total lipid (fat)	g	--	--	12.00	42.86
Carbohydrate, by difference	g	--	--	10.00	35.71
Fiber, total dietary	g	--	--	9.0	32.1
Sugars, total	g	--	--	0.00	0.00
<b>Minerals</b>					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	0.36	1.29
Sodium, Na	mg	--	--	0	0
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	7.000	25.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

**Amino Acids**
**Other**
**Ingredients**

 PREMIUM, ORGANIC, RAW CACAO NIBS. *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*