

Full Report (All Nutrients) 45178196, CANNELINI DRY BEANS, UPC: 728119430012
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Report Date: July 19, 2019 17:13 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Nutrient	Unit	Data points	Std. Error	1 cup 180g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	599	333
Protein	g	--	--	43.99	24.44
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	104.00	57.78
Fiber, total dietary	g	--	--	28.1	15.6
Sugars, total	g	--	--	4.00	2.22
Minerals					
Calcium, Ca	mg	--	--	400	222
Iron, Fe	mg	--	--	18.00	10.00
Sodium, Na	mg	--	--	40	22
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids
Other
Ingredients

 CANNELLINI BEANS *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*