

Full Report (All Nutrients) 45167402, ABE'S, MINI-MUFFINS, PUMPKIN SPICE, NUTMEG, CINNAMON, GINGER, UPC: 044261591174

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer J.S. Krum Inc.

Nutrient	Unit	Data points	Std. Error	2.0 MUFFINS 48g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	200	417
Protein	g	--	--	2.00	4.17
Total lipid (fat)	g	--	--	10.00	20.83
Carbohydrate, by difference	g	--	--	27.00	56.25
Fiber, total dietary	g	--	--	1.0	2.1
Sugars, total	g	--	--	15.00	31.25
Minerals					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	1.08	2.25
Sodium, Na	mg	--	--	45	94
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.998	2.080
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids
Other
Ingredients

PUMPKIN, NON-GMO SUGAR, NON-GMO AND ORGANIC RICE MILK (FILTERED WATER, BROWN RICE [PARTIALLY MILLED], EXPPELLER PRESSED CANOLA OIL AND/OR SAFFLOWER OIL AND/OR SUNFLOWER OIL, TRICALCIUM PHOSPHATE, SEA SALT, VITAMIN A PALMITATE, VITAMIN D2, VITAMIN B12), NON-GMO FLOUR, NON-GMO CANOLA OIL, MOLASSES, VANILLA, CINNAMON, NON-GMO BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE [BAKING SODA], NON-GMO CORN STARCH), NUTMEG, GINGER, SALT, ALLSPICE. *Date Available*

