

Full Report (All Nutrients) 45154964, GIANT EAGLE, ZESTY & SAVORY POTATO CHIPS, SOUR CREAM & ONION, UPC: 030034039479

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Giant Eagle, Inc.

Nutrient	Unit	Data points	Std. Error	1 PACKAGE 53.1g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	290	546
Protein	g	--	--	4.00	7.53
Total lipid (fat)	g	--	--	18.00	33.90
Carbohydrate, by difference	g	--	--	29.00	54.61
Fiber, total dietary	g	--	--	2.0	3.8
Sugars, total	g	--	--	3.00	5.65
Minerals					
Calcium, Ca	mg	--	--	20	38
Iron, Fe	mg	--	--	0.72	1.36
Magnesium, Mg	mg	--	--	24	45
Phosphorus, P	mg	--	--	60	113
Potassium, K	mg	--	--	520	979
Sodium, Na	mg	--	--	320	603
Copper, Cu	mg	--	--	0.040	0.075
Selenium, Se	µg	--	--	2.7	5.0
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	2.4	4.5
Thiamin	mg	--	--	0.000	0.000
Riboflavin	mg	--	--	0.034	0.064
Niacin	mg	--	--	2.000	3.766
Vitamin B-6	mg	--	--	0.300	0.565

Nutrient	Unit	Data points	Std. Error	1 PACKAGE 53.1g	1 Value Per100 g
Vitamin A, IU	IU	--	--		0 0
Vitamin K (phylloquinone)	µg	--	--		3.2 6.0
Lipids					
Fatty acids, total saturated	g	--	--	1.497	2.820
Fatty acids, total monounsaturated	g	--	--	9.999	18.830
Fatty acids, total polyunsaturated	g	--	--	5.002	9.420
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: SUNFLOWER, CORN, OR CANOLA), SKIM MILK POWDER, SALT, WHEY POWDER, ONION POWDER, SOUR CREAM POWDER (CREAM, NONFAT DRY MILK, CULTURES), NATURAL FLAVOR, SPICES, CITRIC ACID, CORNSTARCH-MODIFIED, BUTTERMILK POWDER, AND SUGAR. *Date Available: 07/14/2017 Date Last Updated by Company: 07/14/2017*