

**Full Report (All Nutrients) 45080665, PITTED BLACK OLIVES, UPC: 099482416836**

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**Report Date: August 21, 2019 11:52 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Whole Foods Market, Inc.

Nutrient	Unit	Data points	Std. Error	5.0 OLIVES 15g	1.95 Value Per195 g
<b>Proximates</b>					
Energy	kcal	--	--	20	259
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	1.50	19.50
Carbohydrate, by difference	g	--	--	1.00	13.01
Fiber, total dietary	g	--	--	1.0	13.1
Sugars, total	g	--	--	0.00	0.00
<b>Minerals</b>					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	0.00	0.00
Sodium, Na	mg	--	--	135	1755
<b>Vitamins</b>					
Vitamin D	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

**Amino Acids**
**Other**
**Ingredients**

OLIVES, WATER, SEA SALT. *Date Available: 03/10/2018 Date Last Updated by Company: 03/10/2018*