

Full Report (All Nutrients) 45041613, BIMBO, PAN TOSTADO INTEGRAL TOASTED WHEAT BREAD, UPC: 074323022742
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Report Date: September 17, 2019 00:30 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer BIMBO BAKERIES USA, INC.

Nutrient	Unit	Data points	Std. Error	2.0 PIECES 30g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	110	367
Protein	g	--	--	3.00	10.00
Total lipid (fat)	g	--	--	1.50	5.00
Carbohydrate, by difference	g	--	--	22.00	73.33
Fiber, total dietary	g	--	--	1.0	3.3
Sugars, total	g	--	--	3.00	10.00
Minerals					
Calcium, Ca	mg	--	--	40	133
Iron, Fe	mg	--	--	1.44	4.80
Sodium, Na	mg	--	--	180	600
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Thiamin	mg	--	--	0.000	0.000
Riboflavin	mg	--	--	6000.000	20000.000
Niacin	mg	--	--	1.200	4.000
Folate, total	µg	--	--	40	133
Vitamin A, IU	IU	--	--	100	333
Lipids					
Fatty acids, total saturated	g	--	--	0.501	1.670
Fatty acids, total monounsaturated	g	--	--	0.501	1.670
Fatty acids, total polyunsaturated	g	--	--	0.501	1.670
Fatty acids, total trans	g	--	--	0.000	0.000

Nutrient	Unit	Data points	Std. Error	2.0 PIECES 30g	1 Value Per100 g
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

WHEAT FLOUR, WHEAT BRAN, WHEAT MIDDLINGS, SUGAR, PARTIALLY HYDROGENATED SOYBEAN OIL, YEAST, WHEAT GLUTEN, IODIZED SALT, MONOCALCIUM PHOSPHATE, AMMONIUM CHLORIDE, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR, WHEY (MILK), COTTONSEED OIL, ENZYMES, TBHQ (ANTIOXIDANT), THIAMIN MONONITRATET, RIBOFLAVIN, NIACIN, FOLIC ACID, FERROUS SULFATE, ZINC OXIDE. *Date Available: 12/05/2017 Date Last Updated by Company: 12/05/2017*