

Full Report (All Nutrients) 45039886, A BLEND OF ROASTED PEANUTS, RAISINS, ALMONDS & CASHEWS TRAIL MIX, UPC: 708820953215

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Meijer, Inc.

Nutrient	Unit	Data points	Std. Error	3.0 Tbsp 28g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	130	464
Protein	g	--	--	4.00	14.29
Total lipid (fat)	g	--	--	8.00	28.57
Carbohydrate, by difference	g	--	--	13.00	46.43
Fiber, total dietary	g	--	--	1.0	3.6
Sugars, total	g	--	--	9.00	32.14
Minerals					
Calcium, Ca	mg	--	--	20	71
Iron, Fe	mg	--	--	0.36	1.29
Sodium, Na	mg	--	--	50	179
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	1.999	7.140
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids
Other
Ingredients

PEANUTS (ROASTED IN PEANUT, SUNFLOWER AND/OR COTTONSEED OIL, SALT), RAISINS, M&M'S MILK CHOCOLATE CANDIES (MILK CHOCOLATE [SUGAR, CHOCOLATE, SKIM MILK, COCOA BUTTER, LACTOSE, MILK FAT, SOY LECITHIN, SALT, ARTIFICIAL FLAVORS], SUGAR, CORN STARCH, LESS THAN 1% CORN SYRUP, DEXTRIN, COLORING [INCLUDES BLUE 1 LAKE, RED 40 LAKE, YELLOW 6, YELLOW 5, RED 40, BLUE 1, BLUE 2 LAKE, YELLOW 6 LAKE, YELLOW 5 LAKE, BLUE 2], GUM ACACIA), ALMONDS AND CASHEWS (ROASTED IN PEANUT, SUNFLOWER

