

Basic Report 14202, Beverages, coffee, brewed, espresso, restaurant-prepared, decaffeinated

Report Date: February 19, 2018 04:54 EST

Nutrient values and weights are for edible portion.

| Nutrient | Unit | 1 Value Per100 g | 1 fl oz 29.6g |
|--------------------------------|------|------------------------|------------------|
| Proximates | | | |
| Water | g | 97.80 | 28.95 |
| Energy | kcal | 9 | 3 |
| Protein | g | 0.10 | 0.03 |
| Total lipid (fat) | g | 0.18 | 0.05 |
| Carbohydrate, by difference | g | 1.69 | 0.50 |
| Fiber, total dietary | g | 0.0 | 0.0 |
| Sugars, total | g | 0.00 | 0.00 |
| Minerals | | | |
| Calcium, Ca | mg | 2 | 1 |
| Iron, Fe | mg | 0.13 | 0.04 |
| Magnesium, Mg | mg | 80 | 24 |
| Phosphorus, P | mg | 7 | 2 |
| Potassium, K | mg | 115 | 34 |
| Sodium, Na | mg | 14 | 4 |
| Zinc, Zn | mg | 0.05 | 0.01 |
| Vitamins | | | |
| Vitamin C, total ascorbic acid | mg | 0.2 | 0.1 |
| Thiamin | mg | 0.001 | 0.000 |
| Riboflavin | mg | 0.177 | 0.052 |
| Niacin | mg | 5.207 | 1.541 |
| Vitamin B-6 | mg | 0.002 | 0.001 |
| Folate, DFE | µg | 1 | 0 |
| Vitamin B-12 | µg | 0.00 | 0.00 |
| Vitamin A, RAE | µg | 0 | 0 |
| Vitamin A, IU | IU | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.00 | 0.00 |

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| Vitamin D (D2 + D3) | µg | 0.0 | 0.0 |
| Vitamin D | IU | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 0.1 | 0.0 |
| Lipids | | | |
| Fatty acids, total saturated | g | 0.092 | 0.027 |
| Fatty acids, total monounsaturated | g | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated | g | 0.092 | 0.027 |
| Fatty acids, total trans | g | 0.000 | 0.000 |
| Cholesterol | mg | 0 | 0 |
| Amino Acids | | | |
| Other | | | |
| Caffeine | mg | 1 | 0 |