

Basic Report 14202, Beverages, coffee, brewed, espresso, restaurant-prepared, decaffeinated

Report Date: August 20, 2017 09:31 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 fl oz 29.6g
Proximates			
Water	g	97.80	28.95
Energy	kcal	9	3
Protein	g	0.10	0.03
Total lipid (fat)	g	0.18	0.05
Carbohydrate, by difference	g	1.69	0.50
Fiber, total dietary	g	0.0	0.0
Sugars, total	g	0.00	0.00
Minerals			
Calcium, Ca	mg	2	1
Iron, Fe	mg	0.13	0.04
Magnesium, Mg	mg	80	24
Phosphorus, P	mg	7	2
Potassium, K	mg	115	34
Sodium, Na	mg	14	4
Zinc, Zn	mg	0.05	0.01
Vitamins			
Vitamin C, total ascorbic acid	mg	0.2	0.1
Thiamin	mg	0.001	0.000
Riboflavin	mg	0.177	0.052
Niacin	mg	5.207	1.541
Vitamin B-6	mg	0.002	0.001
Folate, DFE	µg	1	0
Vitamin B-12	µg	0.00	0.00
Vitamin A, RAE	µg	0	0
Vitamin A, IU	IU	0	0
Vitamin E (alpha-tocopherol)	mg	0.00	0.00

Nutrient	Unit	1 Value Per100 g	1 fl oz 29.6g
Vitamin D (D2 + D3)	µg	0.0	0.0
Vitamin D	IU	0	0
Vitamin K (phylloquinone)	µg	0.1	0.0
Lipids			
Fatty acids, total saturated	g	0.092	0.027
Fatty acids, total monounsaturated	g	0.000	0.000
Fatty acids, total polyunsaturated	g	0.092	0.027
Fatty acids, total trans	g	0.000	0.000
Cholesterol	mg	0	0
Amino Acids			
Other			
Caffeine	mg	1	0