

Basic Report 14149, Beverages, carbonated, reduced sugar, cola, contains caffeine and sweeteners

Report Date: June 19, 2019 15:02 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 fl oz 29.6g	1 can (8 fl oz) 355g
Proximates				
Water	g	94.78	28.05	336.47
Energy	kcal	20	6	71
Protein	g	0.00	0.00	0.00
Total lipid (fat)	g	0.00	0.00	0.00
Carbohydrate, by difference	g	5.16	1.53	18.32
Fiber, total dietary	g	0.0	0.0	0.0
Sugars, total	g	5.16	1.53	18.32
Minerals				
Calcium, Ca	mg	2	1	7
Iron, Fe	mg	0.02	0.01	0.07
Magnesium, Mg	mg	0	0	0
Phosphorus, P	mg	11	3	39
Potassium, K	mg	3	1	11
Sodium, Na	mg	4	1	14
Zinc, Zn	mg	0.01	0.00	0.04
Vitamins				
Vitamin C, total ascorbic acid	mg	0.0	0.0	0.0
Thiamin	mg	0.000	0.000	0.000
Riboflavin	mg	0.000	0.000	0.000
Niacin	mg	0.000	0.000	0.000
Vitamin B-6	mg	0.000	0.000	0.000
Folate, DFE	µg	0	0	0
Vitamin B-12	µg	0.00	0.00	0.00
Vitamin A, RAE	µg	0	0	0
Vitamin A, IU	IU	0	0	0
Vitamin E (alpha-tocopherol)	mg	0.00	0.00	0.00

Nutrient	Unit	1 Value Per100 g	1 fl oz 29.6g	1 can (8 fl oz) 355g
Vitamin D (D2 + D3)	µg	0.0	0.0	0.0
Vitamin D	IU	0	0	0
Vitamin K (phylloquinone)	µg	0.0	0.0	0.0
Lipids				
Fatty acids, total saturated	g	0.000	0.000	0.000
Fatty acids, total monounsaturated	g	0.000	0.000	0.000
Fatty acids, total polyunsaturated	g	0.000	0.000	0.000
Fatty acids, total trans	g	0.000	0.000	0.000
Cholesterol	mg	0	0	0
Amino Acids				
Other				
Caffeine	mg	9	3	32