

Full Report (All Nutrients) 14108, Alcoholic Beverage, wine, table, red, Sangiovese

Report Date: June 20, 2019 19:19 EDT

Nutrient values and weights are for edible portion.

Food Group : Beverages

Carbohydrate Factor: 3.92 Fat Factor: 8.37 Protein Factor:3.36 Nitrogen to Protein Conversion Factor:6.25

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 fl oz 29.4g	1 serving (5 fl oz) 147g
Proximates						
Water	g	86.17	--	--	25.33	126.67
Energy	kcal	86	--	--	25	126
Energy	kJ	359	--	--	106	528
Protein	g	0.07	--	--	0.02	0.10
Total lipid (fat)	g	0.00	--	--	0.00	0.00
Ash ¹	g	0.26	14	0.009	0.08	0.38
Carbohydrate, by difference	g	2.62	--	--	0.77	3.85
Minerals						
Vitamins						
Lipids						
Fatty acids, total trans	g	0.000	--	--	0.000	0.000
Amino Acids						
Other						
Alcohol, ethyl ¹	g	10.9	14	0.100	3.2	16.0
Flavonoids						
Proanthocyanidin						
Proanthocyanidin dimers ²	mg	11.0	4	0.2	3.2	16.1

Sources of Data

¹Alcohol and Tobacco Tax and Trade Bureau Wine and malt beverage data from TTB, 2004 Beltsville MD

²Van Leeuw, R., Kevers, C., Pincemill, J., Defraigne, J. O., and Dommes, J. Antioxidant capacity and phenolic composition of red wines from various grape varieties: Specificity of Pinot Noir., 2014 J. Food Comp. Anal. 36 pp.40-50