

Basic Report 14084, Alcoholic beverage, wine, table, all

Report Date: December 13, 2017 19:14 EST

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 serving (5 fl oz) 148g	1 fl oz 29.5g
Proximates				
Water	g	86.58	128.14	25.54
Energy	kcal	83	123	24
Protein	g	0.07	0.10	0.02
Total lipid (fat)	g	0.00	0.00	0.00
Carbohydrate, by difference	g	2.72	4.03	0.80
Fiber, total dietary	g	0.0	0.0	0.0
Sugars, total	g	0.79	1.17	0.23
Minerals				
Calcium, Ca	mg	8	12	2
Iron, Fe	mg	0.37	0.55	0.11
Magnesium, Mg	mg	11	16	3
Phosphorus, P	mg	20	30	6
Potassium, K	mg	99	147	29
Sodium, Na	mg	5	7	1
Zinc, Zn	mg	0.13	0.19	0.04
Vitamins				
Vitamin C, total ascorbic acid	mg	0.0	0.0	0.0
Thiamin	mg	0.005	0.007	0.001
Riboflavin	mg	0.023	0.034	0.007
Niacin	mg	0.166	0.246	0.049
Vitamin B-6	mg	0.054	0.080	0.016
Folate, DFE	µg	1	1	0
Vitamin B-12	µg	0.00	0.00	0.00
Vitamin A, RAE	µg	0	0	0
Vitamin A, IU	IU	0	0	0
Vitamin E (alpha-tocopherol)	mg	0.00	0.00	0.00

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Vitamin D (D2 + D3)	µg	0.0	0.0	0.0
Vitamin D	IU	0	0	0
Vitamin K (phylloquinone)	µg	0.0	0.0	0.0
Lipids				
Fatty acids, total saturated	g	0.000	0.000	0.000
Fatty acids, total monounsaturated	g	0.000	0.000	0.000
Fatty acids, total polyunsaturated	g	0.000	0.000	0.000
Fatty acids, total trans	g	0.000	0.000	0.000
Cholesterol	mg	0	0	0
Amino Acids				
Other				
Caffeine	mg	0	0	0