

Full Report (All Nutrients) 01003, Butter oil, anhydrous

Report Date: November 18, 2017 12:30 EST

Nutrient values and weights are for edible portion.

Food Group : Dairy and Egg Products

Carbohydrate Factor: 3.87 Fat Factor: 8.79 Protein Factor:4.27 Nitrogen to Protein Conversion Factor:6.38

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 tbsp 12.8g	1 cup 205g
Proximates						
Water	g	0.24	1	--	0.03	0.49
Energy	kcal	876	--	--	112	1796
Energy	kJ	3665	--	--	469	7513
Protein	g	0.28	1	--	0.04	0.57
Total lipid (fat)	g	99.48	1	--	12.73	203.93
Ash	g	0.00	1	--	0.00	0.00
Carbohydrate, by difference	g	0.00	--	--	0.00	0.00
Fiber, total dietary	g	0.0	--	--	0.0	0.0
Sugars, total	g	0.00	--	--	0.00	0.00
Minerals						
Calcium, Ca	mg	4	--	--	1	8
Iron, Fe	mg	0.00	--	--	0.00	0.00
Magnesium, Mg	mg	0	--	--	0	0
Phosphorus, P	mg	3	--	--	0	6
Potassium, K	mg	5	--	--	1	10
Sodium, Na	mg	2	--	--	0	4
Zinc, Zn	mg	0.01	--	--	0.00	0.02
Copper, Cu	mg	0.001	--	--	0.000	0.002
Manganese, Mn	mg	0.000	--	--	0.000	0.000
Selenium, Se	µg	0.0	--	--	0.0	0.0
Vitamins						
Vitamin C, total ascorbic acid	mg	0.0	--	--	0.0	0.0

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 tbsp 12.8g	1 cup 205g
Thiamin	mg	0.001	--	--	0.000	0.002
Riboflavin	mg	0.005	--	--	0.001	0.010
Niacin	mg	0.003	--	--	0.000	0.006
Pantothenic acid	mg	0.010	--	--	0.001	0.020
Vitamin B-6	mg	0.001	--	--	0.000	0.002
Folate, total	µg	0	--	--	0	0
Folic acid	µg	0	--	--	0	0
Folate, food	µg	0	--	--	0	0
Folate, DFE	µg	0	--	--	0	0
Choline, total	mg	22.3	--	--	2.9	45.7
Vitamin B-12	µg	0.01	--	--	0.00	0.02
Vitamin B-12, added	µg	0.00	--	--	0.00	0.00
Vitamin A, RAE	µg	840	--	--	108	1722
Retinol	µg	824	--	--	105	1689
Carotene, beta	µg	193	--	--	25	396
Carotene, alpha	µg	0	--	--	0	0
Cryptoxanthin, beta	µg	0	--	--	0	0
Vitamin A, IU	IU	3069	--	--	393	6291
Lycopene	µg	0	--	--	0	0
Lutein + zeaxanthin	µg	0	--	--	0	0
Vitamin E (alpha-tocopherol)	mg	2.80	--	--	0.36	5.74
Vitamin E, added	mg	0.00	--	--	0.00	0.00
Vitamin D (D2 + D3)	µg	0.0	--	--	0.0	0.0
Vitamin D2 (ergocalciferol)	µg	0.0	--	--	0.0	0.0
Vitamin D3 (cholecalciferol)	µg	0.0	--	--	0.0	0.0
Vitamin D	IU	0	--	--	0	0
Vitamin K (phylloquinone)	µg	8.6	--	--	1.1	17.6
Lipids						
Fatty acids, total saturated	g	61.924	--	--	7.926	126.944
4:0	g	3.226	--	--	0.413	6.613
6:0	g	1.910	--	--	0.244	3.916
8:0	g	1.112	--	--	0.142	2.280
10:0	g	2.495	--	--	0.319	5.115

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 tbsp 12.8g	1 cup 205g
12:0	g	2.793	--	--	0.358	5.726
14:0	g	10.005	--	--	1.281	20.510
16:0	g	26.166	--	--	3.349	53.640
18:0	g	12.056	--	--	1.543	24.715
Fatty acids, total monounsaturated	g	28.732	--	--	3.678	58.901
16:1 undifferentiated	g	2.228	--	--	0.285	4.567
18:1 undifferentiated	g	25.026	--	--	3.203	51.303
20:1	g	0.000	--	--	0.000	0.000
22:1 undifferentiated	g	0.000	--	--	0.000	0.000
Fatty acids, total polyunsaturated	g	3.694	--	--	0.473	7.573
18:2 undifferentiated	g	2.247	--	--	0.288	4.606
18:3 undifferentiated	g	1.447	--	--	0.185	2.966
18:4	g	0.000	--	--	0.000	0.000
20:4 undifferentiated	g	0.000	--	--	0.000	0.000
20:5 n-3 (EPA)	g	0.000	--	--	0.000	0.000
22:5 n-3 (DPA)	g	0.000	--	--	0.000	0.000
22:6 n-3 (DHA)	g	0.000	--	--	0.000	0.000
Cholesterol	mg	256	19	0.000	33	525
Amino Acids						
Tryptophan	g	0.004	--	--	0.001	0.008
Threonine	g	0.013	--	--	0.002	0.027
Isoleucine	g	0.017	--	--	0.002	0.035
Leucine	g	0.027	--	--	0.003	0.055
Lysine	g	0.022	--	--	0.003	0.045
Methionine	g	0.007	--	--	0.001	0.014
Cystine	g	0.003	--	--	0.000	0.006
Phenylalanine	g	0.014	--	--	0.002	0.029
Tyrosine	g	0.014	--	--	0.002	0.029
Valine	g	0.019	--	--	0.002	0.039
Arginine	g	0.010	--	--	0.001	0.020
Histidine	g	0.008	--	--	0.001	0.016
Alanine	g	0.010	--	--	0.001	0.020
Aspartic acid	g	0.021	--	--	0.003	0.043

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 tbsp 12.8g	1 cup 205g
Glutamic acid	g	0.059	--	--	0.008	0.121
Glycine	g	0.006	--	--	0.001	0.012
Proline	g	0.027	--	--	0.003	0.055
Serine	g	0.015	--	--	0.002	0.031
Other						
Alcohol, ethyl	g	0.0	--	--	0.0	0.0
Caffeine	mg	0	--	--	0	0
Theobromine	mg	0	--	--	0	0