

## Basic Report 03051, Babyfood, dinner, spaghetti and tomato and meat, toddler

Report Date: February 24, 2018 13:07 EST

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 oz 28.35g	1 jar 170g
<b>Proximates</b>				
Water	g	81.60	23.13	138.72
Energy	kcal	75	21	128
Protein	g	5.30	1.50	9.01
Total lipid (fat)	g	1.00	0.28	1.70
Carbohydrate, by difference	g	10.80	3.06	18.36
<b>Minerals</b>				
Calcium, Ca	mg	22	6	37
Iron, Fe	mg	0.90	0.26	1.53
Magnesium, Mg	mg	15	4	26
Phosphorus, P	mg	45	13	76
Potassium, K	mg	163	46	277
Sodium, Na	mg	239	68	406
Zinc, Zn	mg	0.48	0.14	0.82
<b>Vitamins</b>				
Vitamin C, total ascorbic acid	mg	4.1	1.2	7.0
Thiamin	mg	0.062	0.018	0.105
Riboflavin	mg	0.101	0.029	0.172
Niacin	mg	1.558	0.442	2.649
Vitamin B-6	mg	0.083	0.024	0.141
Folate, DFE	µg	50	14	85
Vitamin B-12	µg	0.23	0.07	0.39
Vitamin A, RAE	µg	22	6	37
Vitamin A, IU	IU	443	126	753

### Lipids

### Amino Acids

### Other

