

Nutrient	Unit	1 Value Per100 g	1 cup slices 116g	1 large (1" to 1-1/4" dia) 9g	1 medium (3/4" to 1" dia) 4.5g	1 slice 1g	1 small 2g	0.5 cup slices 58g
Vitamin D (D2 + D3)	µg	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Vitamin D	IU	0	0	0	0	0	0	0
Vitamin K (phylloquinone)	µg	1.3	1.5	0.1	0.1	0.0	0.0	0.8
Lipids								
Fatty acids, total saturated	g	0.032	0.037	0.003	0.001	0.000	0.001	0.019
Fatty acids, total monounsaturated	g	0.017	0.020	0.002	0.001	0.000	0.000	0.010
Fatty acids, total polyunsaturated	g	0.048	0.056	0.004	0.002	0.000	0.001	0.028
Fatty acids, total trans	g	0.000	0.000	0.000	0.000	0.000	0.000	0.000
Cholesterol	mg	0	0	0	0	0	0	0
Amino Acids								
Other								
Caffeine	mg	0	0	0	0	0	0	0