

Basic Report 44203, Beverages, Cocktail mix, non-alcoholic, concentrated, frozen

Report Date: September 24, 2019 04:55 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	1 Value Per100 g	1 fl oz 36g	1 serving 2 fl oz 71g	1 can 10 fl oz 355g
Proximates					
Water	g	28.24	10.17	20.05	100.25
Energy	kcal	287	103	204	1019
Protein	g	0.08	0.03	0.06	0.28
Total lipid (fat)	g	0.01	0.00	0.01	0.04
Carbohydrate, by difference	g	71.60	25.78	50.84	254.18
Fiber, total dietary	g	0.0	0.0	0.0	0.0
Sugars, total	g	24.53	8.83	17.42	87.08
Minerals					
Calcium, Ca	mg	2	1	1	7
Iron, Fe	mg	0.04	0.01	0.03	0.14
Magnesium, Mg	mg	1	0	1	4
Phosphorus, P	mg	2	1	1	7
Potassium, K	mg	23	8	16	82
Sodium, Na	mg	0	0	0	0
Zinc, Zn	mg	0.02	0.01	0.01	0.07
Vitamins					
Vitamin C, total ascorbic acid	mg	4.2	1.5	3.0	14.9
Thiamin	mg	0.009	0.003	0.006	0.032
Riboflavin	mg	0.017	0.006	0.012	0.060
Niacin	mg	0.026	0.009	0.018	0.092
Vitamin B-6	mg	0.005	0.002	0.004	0.018
Folate, DFE	µg	5	2	4	18
Vitamin B-12	µg	0.00	0.00	0.00	0.00
Vitamin A, RAE	µg	1	0	1	4
Vitamin A, IU	IU	12	4	9	43
Vitamin E (alpha-tocopherol)	mg	0.02	0.01	0.01	0.07

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Vitamin D (D2 + D3)	µg	0.0	0.0	0.0	0.0
Vitamin D	IU	0	0	0	0
Vitamin K (phylloquinone)	µg	0.0	0.0	0.0	0.0
Lipids					
Fatty acids, total saturated	g	0.003	0.001	0.002	0.011
Fatty acids, total monounsaturated	g	0.001	0.000	0.001	0.004
Fatty acids, total polyunsaturated	g	0.009	0.003	0.006	0.032
Fatty acids, total trans	g	0.000	0.000	0.000	0.000
Cholesterol	mg	0	0	0	0
Amino Acids					
Other					
Caffeine	mg	0	0	0	0